



TANYA KEATS SPEAKER SHEET

Motivation for Change

Our presentations inspire and give the tools to take action creating immediate results for greater impact and life changes.



Tanya Keats
Coaching Graduate

Topics designed to impact lives:

- Know the power of being in the present moment for ease
- Boundaries vs. judgements, how to discover your own power within
- Deepen your relationships by living authentically
- Break through fears to become comfortable being uncomfortable

Our presentations help organizations prosper by:

- Meeting demands more effortlessly
- Becoming better listeners
- Fostering customer service and satisfaction
- Providing greater harmony within an organization
- Improving quality of life
- Gaining profound lasting results

“ I wasn't the only one who liked it. People talked to Tanya after quite a bit, came up and asked her questions because they wanted more. And when the audience wants more, you know the speaker has done a good job. If everybody can't wait to get out, that's one thing. When Tanya was speaking, more of the people stayed around because they wanted more from her, and that speaks volumes. ” – Erich

Book your customized speaking engagement today!

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KeatsCoaching.com





ABOUT TANYA KEATS

Certified Coach

Often we think we have to do life and accomplish goals alone. We don't. Having a high integrity confident sounding board, and a caring force by your side is valuable for success. Learn more about Tanya in her brief bio below.



Experience in a Wide Range of Industries, Including:

- Coaching
- Cosmetology
- Aviation
- Consulting
- Online education
- Waste management
- Healthcare
- Relocation

Education Includes:

- Bachelor and Master Degrees
- Six Sigma Certification
- Program Management
- Process Improvement
- Business Ownership
- Team Building
- Coaching graduate of Coach U started by the founder of coaching, Thomas Leonard

Tanya Keats is a business owner, speaker, integration guide and leadership coach who supports those who are experiencing major life transitions. She guides her clients towards a free life lived with ease by helping them break through the mental blocks that hold them back. She's best known for assisting people on their journey to become whole and helping them navigate transitions without losing themselves.

Tanya grew up in a small town in the Midwest in a modest-income family. She initially followed the society's checklist - get an education, develop a career and find a relationship - only to realize that it wasn't as fulfilling as she thought it would be. She later transitioned from meeting society's expectations to living experientially in the present moment. As she quickly discovered, this led to a more fulfilling, connected and rewarding life. Today she works with others on how to do the same.